POSITIVE EDUCATION PROGRAM

NOVEMBER LUNCH MENU K-8

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11/2 2/3 C MACARONI & CHEESE 1 C BROCCOLI ½C FRESH APPLE ½ C APPLE JUICE WGR ROLL (1 WHOLE GRAIN) MARGARINE 1 C MILK	11/3 CHICKEN LEG (2MEATS,1WGR) 1SL BREAD/W MARGARINE 3/4C TATER TOTS ½C APPLE SAUCE 1C. MILK	11/4 3 WGR PANCAKES 2 TURKEY SAUSAGE LINKS 1C. POTATOES 1/2C. TROPICAL FRUIT 1C. MILK	11/5 2 OZ. TACO MEAT 1 OZ. CHEDDAR CHEESE (2 MEATS, 1 MA) 3/4 C BLACK BEANS 1 SOFT TORTILLA SHELL ½C MANDARIN ORANGES SALSA PKT 1 C MILK	11/6 BUFFALO CALZONE (2 MEATS, 2 WHOLE GRAINS) 1C. FRESH CARROTS ½C PINEAPPLE 1 C MILK
11/9 ENCHILADA 1 C GREEN BEANS ½C FRESH APPLE ½ C. APPLE JUICE 1C MILK	11/10 CHICKEN ALFREDO (2 MEAT ALT., 2 WHOLE GRAINS) 3/4C. WGR ROTELLI PASTA 2OZ. ALFREDO SAUCE 3/4 C BROCCOLI ½C APPLE SAUCE 1 C MILK	11/11 POPCORN CHICKEN BOWL 2OZ POPCORN CHICKEN 1/2C. MASH POTATOES 1/2C. CORN 1OZ. CHICKEN GRAVY 1PK GOLDFISH GRAHAMS 1/2C. TROPICAL FRUIT 1C. MILK	11/12 CHEESEBURGER ON WGR BUN AMERICAN CHEESE (2 MEATS, 3 WHOLE GRAIN) 3/4 C BAKED BEANS ½C MANDARIN ORANGES 1 C MILK	11/13 GRILLED CHEESE (2 MEATS, 2 WHOLE GRAINS) 1C. FRESH CARROTS ½C PINEAPPLE 1 C MILK
11/16 (3- .67 OZ) CHICKEN TENDERS (2 MEATS, 1 WHOLE GRAIN) 3/4 C BROCCOLI GOLDFISH CRACKERS (1 WHOLE GRAIN) ½C FRESH APPLE BBQ SAUCE 1 C MILK MARGARINE	11/17 CHICKEN RICE BOWL 2OZ.DICED CHICKEN 1C. SW STYLE RICE 3/4C. BLACK BEANS 1OZ. CHEDDAR CHEESE 1/2C APPLESAUCE 1C. MILK	11/18 HAMBURGER ON WGR BUN (2 MEATS, 2WHOLEGRAINS) 3/4 C TATER TOTS ½C TROPICAL FRUIT KETCHUP / MUSTARD PKT 1 C MILK	11/19 MINI CORNDOG (2 MEATS, 2 WHOLE GRAINS) 3/4 C GREEN BEANS ½C MANDARIN ORANGES 1 C MILK	11/20 **NO SCHOOL**
11/23 BEEF RIB ON WGR BUN 3/4 C BAKED BEANS FRESH APPLE 1 C MILK 1 BUN	11/24 2OZ. TURKEY/1OZ.GRAVY (2 MEATS) 1/2C. MASHED POTATOES 1/2C. STUFFING ½C APPLESAUCE 1 C MILK	11/25 **NO SCHOOL**	11/26 **NO SCHOOL**	11/27 **NO SCHOOL**
11/30 2/3 C MACARONI & CHEESE 1 C BROCCOLI ½C FRESH APPLE ½ C APPLE JUICE WGR ROLL (1 WHOLE GRAIN) MARGARINE 1 C MILK				

This Institution is an Equal Opportunity Provider